













## **VEGETABLES**



\*Non exhaustive - more food inspiration on www.teuko.com















## **GRAINS**



\*Non exhaustive - more food inspiration on www.teuko.com















## **PROTEINS**



\*Non exhaustive - more food inspiration on www.teuko.com













# teuko

## **DAIRY**



\*Non exhaustive - more food inspiration on www.teuko.com







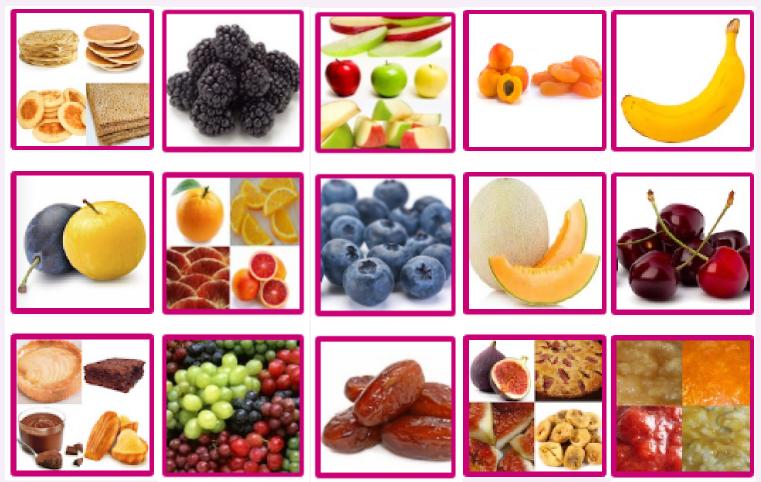








## **DESSERTS**



\*Non exhaustive - more food inspiration on www.teuko.com